



Oriental Medicine and Health Services

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Informed Consent for Acupuncture and Oriental Medicine (050903)

I hereby voluntarily consent to receive acupuncture and Oriental Medicine treatment for my present and future health condition. I understand that treatment will be administered by Oriental Medicine and Health Services (OMHS). On occasion, if OMHS is not available, I consent to treatment by a substitute, as designated by OMHS and approved by myself. The treatments that will possibly be administered are described below.

Acupuncture and Oriental Medicine Treatments That May Be Administered

Acupuncture: This is a safe treatment involving the insertion of tiny sterile and disposable needles through the skin, which can produce a mild but temporary discomfort (usually achiness or soreness) at the acupuncture site. It can occasionally cause slight bleeding and will rarely leave a bruise. Other possible risks from acupuncture include dizziness and fainting. I will report to OMHS any dizziness or light-headedness that occur during or after an acupuncture treatment. Extremely rare risks of acupuncture include nerve damage, organ puncture, and infection. These have an extremely low incidence, especially when acupuncture is administered properly.

Traditional Chinese Medicinal Supplements: Chinese medicinals have been used safely for centuries. Infrequently, one may experience digestive upset or other reactions to medicinals. If I experience any discomforts related to the use of medicinals, I understand that I should stop the medicinals and that I am responsible for informing OMHS of my symptoms. Some medicinals may be inappropriate during pregnancy and breastfeeding. I accept full responsibility to inform OMHS of a suspected or confirmed pregnancy, or if I am a nursing mother.

Tuina: A traditional method of therapeutic bodywork with a tremendous range of application, the techniques range from light to deep. Some of the techniques may cause some temporary discomfort or on occasion some achiness that usually resolves within a day.

Heat Treatment with an Infrared Lamp: This is used to warm an area of the body. Every precaution is taken to prevent over-warming, but the rare possibility of mild burns exists.

Cupping: This involves a localized suction produced by heating a small glass cup. There is a possibility of local bruising from the suction. Very rarely a slight burn or blister may appear due to the heat.

Gua Sha: Gua Sha is scraping on the skin in a small area using a smooth-edged instrument. This often results in bruising at the treated area. The bruising, which is not painful, usually resolves in three to seven days.

Plum Blossom (or tapping): Multiple, mild needle pricks are applied in one area. Slight bleeding at the area is likely.

Electro-Acupuncture: A mild electric micro-current (similar to a TENS treatment) is used to stimulate the acupuncture points. A mild tingling or tapping sensation will be felt.

Laser-stim: A low power infrared laser is used to stimulate acupuncture points. This is sensationless. Do not look directly into the laser beam.

By signing below, I show that:

- I have read, or had read to me, the information on this consent form.
- I understand the possible risks and complications involved. I have had the opportunity to discuss this consent form with OMHS. I understand that I can request more information at any time if desired.
- I consent to receiving treatment that involves the above procedures.
- I understand that I have the right to refuse or discontinue any treatment at any time. I understand that this refusal may affect the expected results.

Printed Name of Patient

Signature of Patient or Personal Representative

Date

Description of Personal Representative's Authority